
حمل الآن
مجانا وحصريا
المراجعة رقم (1)
اختبار شهر مارس
ذاكرولى
RaNia SaYed
WWW.ZAKROLYUR.COM
حمل الان حصريا



Review on Unit 1 | Safety

Vocabulary


policeman


safe


dangerous


careful



rules


seat belt



emergency


street


helmet



signs



ambulance


hurt

Language in Use

Imperatives

Inf. مصدر الفعل + باقي الجملة.

ex Be careful!

Don't + inf. مصدر الفعل + باقي الجملة.

ex Don't run in the street!

Modals for rules

Subj. فاعل + **must / mustn't** + **inf.** مصدر الفعل

ex - You must be kind to your friends.
- You mustn't touch hot things.

Phonics Focus

Consonant Blends

sl


slide


slow


slip

gr


green


grow


grass

st


star



stop


stone

tr


tree


train


truck

Important topics



تعتبر مهارة الكتابة من المهارات الأساسية للتعبير عن فكرة أو موضوع لذا يجب استخدام جمل وأفكار مترابطة.
قم بقراءة هذه الجمل لتساعدك على التعامل مع مهارة الكتابة [١٨ جملة].

1 Safety at home

We have rules at home to keep us safe[1]. We must be careful[2]. Children mustn't leave toys on the floor[3]. Someone may fall[4]. We mustn't touch hot cups[5]. Children mustn't go near the stove[6]. Parents must teach their children how to stay safe at home[7].

2 Crossing the street safely

We should follow some rules to cross the street safely[8]. We mustn't run on the street[9]. We mustn't cross the street when the light is red[10]. We must wait for the green light before we cross the street[11]. We must look left and right before we cross the street[12]. Waiting and watching keep us safe[13].

3 Safety and emergency rules

Safety is very important[14]. Following the emergency rules can help us stay safe[15]. We must stay calm in an emergency and tell adults like our parents[16]. Adults will help us stay safe[17]. We can also call 122 in an emergency[18].

A week is enough

مراجعة المنهج والتمكن
منه فى اسبوع واحد فقط

امنح ثقتك لمن يستحق



Test | on Unit 1

نصوص الاستماع
فى نهاية الكتاب

التقييمات اليومية
والاسبوعية والشهرية
فى نهاية الكتاب

1 Listen and write the missing letter.

استمع إلى معلمك واكتب.

1. _ _ uck | 2. _ _ ide | 3. _ _ ass | 4. _ _ one

2 Choose the correct answer from a, b or c.

اختر الإجابة الصحيحة.

1. It's ..... to run on the street.
   a. healthy b. dangerous c. safe
2. My father wears the ..... in his car to stay safe.
   a. seat belt b. cap c. helmet
3. SB Don't ..... across the road.
   a. runs b. run c. ran
4. You ..... touch the stove. It's hot.
   a. aren't b. must c. mustn't
5. My dad helped me ..... the street.
   a. nod b. cross c. wear
6. AB ..... careful when you play.
   a. Be b. Being c. To be

3 Read and complete with the words below.

اقرأ وأكمل بكلمات من المربع.

light - helmet - safely

Safety is very important. We should follow some rules to cross the street [1]..... . We must stop when the [2]..... turns red. We must wait for the green light before we cross.

4 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكون كلمة.

1. 

l u r e s
.....

2. 
l m h e t e
.....

3. 
r s t e t e
.....

5 Read the text and answer the questions.

اقرأ النص واجب عن الأسئلة.

Omar was sad and worried because his cousin Ali got **hurt** last week. Omar and Ali went to the park last week. They played together. Ali rode his bike, but he didn't wear the helmet. Ali fell off his bike and got injured. Ali's dad called the ambulance. The ambulance took Ali to the hospital quickly.

A. Choose the correct answer from a, b or c.

1. The underlined word "**hurt**" means "……" .
   a. happy b. worried c. injured
2. The main idea of the text is about "The importance of ……".
   a. hospitals b. bikes c. safety rules

B. Answer the following questions.

3. Why was Omar worried ?

……

4. What did the ambulance do ?

……

6 Reorder the words to make correct sentences. أعد ترتيب الكلمات لتكون جمل صحيحة.

1. AB the - book - leave - here - Don't.

……

2. outside - to - play - They - want.

……

7 Punctuate the following. ضع علامات الترقيم للآتى.

1. AB my name is lina.

……

2. AB hurry up

……

8 Write a paragraph of THREE (3) sentences using the words below.

اكتب فقرة إنشائية من (٣) جمل مستخدمًا الكلمات التالية.

مجاب عنه فى نهاية الكتاب

Safety rules

Guiding words :

- first
- street
- helmet

……

……

……

……

……

……

……



Review on Unit 2 | Food and Health

Vocabulary

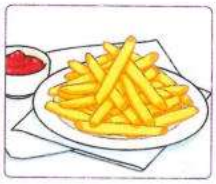

food


meat


sugar

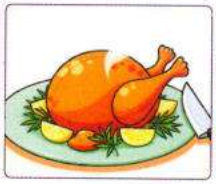

fruits


vegetables


fries


cheese


nuts


chicken


clean


exercise


yogurt

Language in Use

Reflexive Pronouns

I	myself
He	himself
She	herself
It	itself

Countable and Uncountable

1 a / an

ex an apple - a carrot

2 some

ex some milk ex some pens

Phonics Focus

long /i:/ sound

ea ee


eat


cheese


meat


green


beans


sweet

Important topics



تعتبر مهارة الكتابة من المهارات الأساسية للتعبير عن فكرة أو موضوع لذا يجب استخدام جمل وأفكار مترابطة.
قم بقراءة هذه الجمل لتساعدك على التعامل مع مهارة الكتابة [٢٣ جملة].

1 Food for energy

Food gives us energy to play, learn and grow[1]. We must eat fruits and vegetables to stay healthy[2]. They give us vitamins[3]. Meat gives our body protein[4]. Sugar gives us quick energy[5]. Water is important to us[6].

2 Healthy and unhealthy food

We must eat different kinds of food to stay healthy[7]. Milk is good for our bones.[8] Cheese is rich in calcium[9]. Rice gives us energy[10]. Bread is rich in carbohydrates[11]. Nuts are a good source of fats[12]. Chips, sweets, fries and cookies are unhealthy food[13]. Soda has too much sugar[14]. Sweets are bad for our teeth[15].

3 Staying healthy

I exercise to keep my body healthy[16]. I clean my room every day[17]. I wash my hands before I eat[18]. I rest when I feel tired[19].

4 My healthy plan

I decided to eat healthy food[20]. I eat yogurt with honey[21]. I drink some soup when I am hungry[22]. I eat a healthy snack in the afternoon[23].

Test | on Unit 2

نصوص الاستماع
فى نهاية الكتاب

التقييمات اليومية
والاسبوعية والشهرية
فى نهاية الكتاب

1 Listen and write the missing letter.

استمع الى معلمك وأكتب.

1. tr _ _ | 2. sw _ _ t | 3. m _ _ t | 4. b _ _ ns

2 Choose the correct answer from a, b or c.

1. AB I ..... my room every day.
   a. clean b. wash c. stay
2. Sweets and ..... have too much sugar.
   a. chicken b. lollipops c. chips
3. I put ..... honey in the yogurt.
   a. an b. a c. some
4. The girls made chocolate cake by ..... .
   a. yourselves b. themselves c. herself
5. He prepared breakfast by ..... .
   a. himself b. herself c. itself
6. AB He ..... a snack in the afternoon.
   a. goes b. plays c. takes

3 Read and complete with the words below.

health - protein - vegetables

Food gives us energy to play, learn and grow. Meat gives our body [1]..... to make us strong. Fruits and [2]..... give us vitamins to keep us strong. Sugar gives us quick energy, but too much sugar is bad for our health.

4 Look and rearrange the letters to make a word.

1.



r a u s g

.....

2.



o k c o e i s

.....

3.



o g r y u t

.....

5 Read the text and answer the questions.

Maya likes to play every day, but she often forgets to wash her hands and eat healthy food. One day, she felt sick. Her friend Salma said, " You must **take**

care of yourself. Wash your hands, eat healthy food, rest and exercise." Maya listened to Salma. She washed herself carefully, ate eggs and fruit, drank water, and rested when she felt tired. She also exercised a little every day.

After a few days, Maya felt much better. She said, " I learned that I must take care of myself to stay healthy."

A. Choose the correct answer from a, b or c.

1. The underlined phrase " **take care of**" means "..... " .

a. look after b. find out c. worry about

2. Maya ..... when she felt tired.

a. walked b. rested c. exercised

B. Answer the following questions.

3. What is the text about ?

.....

4. How did Maya feel after taking care of herself ?

.....

6 Reorder the words to make correct sentences.

1. felt – and – happy - He - strong.

.....

2. bones - Milk - good - is - our - for.

.....

7 Punctuate the following.

1. eating unhealthy food is bad for you

.....

2. what do you eat for lunch

.....

8 Write a paragraph of THREE (3) sentences using the words below.

مجاب عنه فى نهاية الكتاب

Healthy food

Guiding words :

• milk • bones • calcium

.....

.....

.....



Review on Unit 3 | Heroes Around Us

Vocabulary


hero


strong


brave


smart


kind


firefighter


uniform


teach


police officer


support


courage


honest


leader


flood


event


gold medal


clap


train


athlete


helpful

Language in Use

Adverbs of sequence

Use "First" and "Then" to show order.

First, Omar trained hard.

Then, he climbed mountains.

Phonics Focus

Magic "e"

kit → kite

mad → made

hop → hope

Important topics



تعتبر مهارة الكتابة من المهارات الأساسية للتعبير عن فكرة أو موضوع لذا يجب استخدام جمل وأفكار مترابطة.
قم بقراءة هذه الجمل لتساعدك على التعامل مع مهارة الكتابة [٢٣ جملة].

1 The brave firefighters

My father is a firefighter[1]. He is brave[2]. He puts on his helmet and uniform[3]. When the fire alarm rang loudly, he jumped into the fire truck and drove quickly through the street[4]. He sprayed water and saved people from smoke[5].

2 A doctor's job

I'm a doctor[6]. I wear a special uniform[7]. I help people feel better[8]. I check patients[9]. I give patients the help they need[10]. I rescue lives[11]. I work with a team to make sure patients get the best care[12]!

3 A helping hero

I helped many people[13]. I always cared about others[14]. I gave food and clothes to poor families[15]. I helped build hospitals[16]. I am not afraid to do what is right[17]. Helping others can change lives and inspire kindness[18].

4 A famous athlete

Feryal Ashraf is a famous Egyptian athlete[19]. She worked hard every day to get ready for a big event[20]. She trained, practiced, and never gave up[21]. She won a gold medal for Egypt[22]. Her school made a party to celebrate her[23].

Test | on Unit 3

نصوص الاستماع
فى نهاية الكتاب

التقييمات اليومية
والاسبوعية والشهرية
فى نهاية الكتاب

1 Listen and write the missing letter.

استمع إلى معلمك واكتب.

1. m _ d _ | 2. br _ v _ | 3. k _ t _ | 4. s _ l _

2 Choose the correct answer from a, b or c.

1. AB A/An ..... runs fast in the race.
   a. team b. athlete c. stranger
2. The firefighter climbed the ..... to save the child.
   a. show b. uniform c. ladder
3. ....., she did her homework. Then, she played games.
   a. First b. At last c. During
4. First, I listened to the problem. ....., I tried to solve it.
   a. Than b. Then c. But
5. AB My friends ..... me when I need help.
   a. support b. want c. dislike
6. ....., I turn on my computer. Then, I play games.
   a. Until b. Next c. First

3 Read and complete with the words below.

leader – medal – inspired

Yara lives in a small village. One day, there was a flood in her village. With the help of her parents, she could move the people to a safe place. She was a great [1] ..... . She [2] ..... everyone and gave support to those who needed it.

4 Look and rearrange the letters to make a word.

1. 

m a s r t

.....

2. 

e t a h c

.....

3. 

e s r u c e

.....

5 Read the text and answer the questions.

Officer Asmaa is a policewoman in Cairo. One sunny morning, she saw a little child crying in the street. First, she spoke to him kindly, asking what was wrong.

The child could not find his parents. Officer Asmaa told him not to be afraid. Then, she carefully searched the street until she found his parents. They were very happy. Officer Asmaa is a brave policewoman who works hard to keep the city **safe**. We are grateful for her and all police officers who keep us safe every day.

A. Choose the correct answer from a, b or c.

1. The opposite of the underlined word "**safe**" is "....." .
   a. happy b. dangerous c. big
2. We are ..... for all police officers who keep us safe.
   a. angry b. grateful c. worried

B. Answer the following questions.

3. What is the general idea of the text ?

.....

4. Why was the child crying ?

.....

6 Reorder the words to make correct sentences.

1. is - honest - brave - He - very - and.

.....

2. did - What - win - she ?

.....

7 Punctuate the following.

1. AB What is feryal Ashraf's job

.....

2. AB karim thinks the swimmer is kind

.....

8 Write a paragraph of THREE [3] sentences using the words below.

مجاب عنه فى نهاية الكتاب

Helping others

Guiding words :

- change lives
- honor
- inspire kindness

.....

.....

.....

.....

.....

Review

on Units 1, 2 & 3

I Vocabulary

Unit 1



emergency


hurt


dangerous


street


helmet


seat belt



ambulance


first aid



stop


stranger

Unit 2


food


fruits


vegetables


cheese


nuts


exercise


soup


medicine


yogurt


menu

Unit 3


hero


brave


firefighter


uniform


rescue


police officer


support


leader


athlete


gold medal

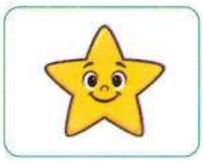
II Phonics Focus

Unit 1


slide

/sl/


sleep


star

/st/



stop


green

/gr/


grass


tree

/tr/


train

Unit 2

ea ⟶ /i:/

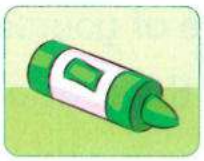

eat


meat


beans

ee ⟶ /i :/

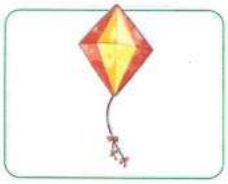

cheese


green


sweet

Unit 3

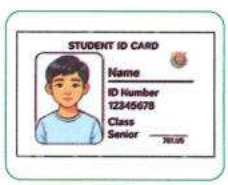
Magic (e)


kite



sale


brave



name

III Language in Use

Unit 1

Imperatives

Inf. مصدر الفعل + باقي الجملة

- Be careful.

Don't + inf. مصدر الفعل

- Don't eat fast food every day.

Modals for Rules

Subject + must / mustn't + inf. مصدر الفعل

- You must follow the rules to stay safe.
- You mustn't run in the street.

Unit 2

Reflexive Pronouns

- I do homework by myself.
- He dresses himself.
- The cat cleans itself.
- Take care of yourselves, girls.
- We built the tent ourselves.
- The kids made salad themselves.

Countable and uncountable nouns

Countable Nouns

an apple ⟶ two apples

a carrot ⟶ three carrots

Uncountable Nouns

- some rice
- some honey
- some juice
- some water

Unit 3

Adverbs of sequence

We use "First" and "Then" to show orders.

- First, I saw the fire. Then, I called for help.
- First, I did my homework. Then, I watched TV.

3. Monthly Assessments ٣. التقييمات الشهرية

February Month شهر فبراير

• Choose the correct answer from a, b or c.

1. The kitchen was full of ..... when the bread burned.
   a. smoke b. air c. juice
2. You should always be proud of ..... .
   a. himself b. yourself c. themselves
3. A doctor's ..... is to help sick people.
   a. job b. uniform c. sport
4. First, I finished my homework. ....., I played outside.
   a. Then b. Because c. Or
5. You should take your ..... on time to get well.
   a. book b. toy c. medicine
6. They eat ..... rice for lunch.
   a. a b. an c. some

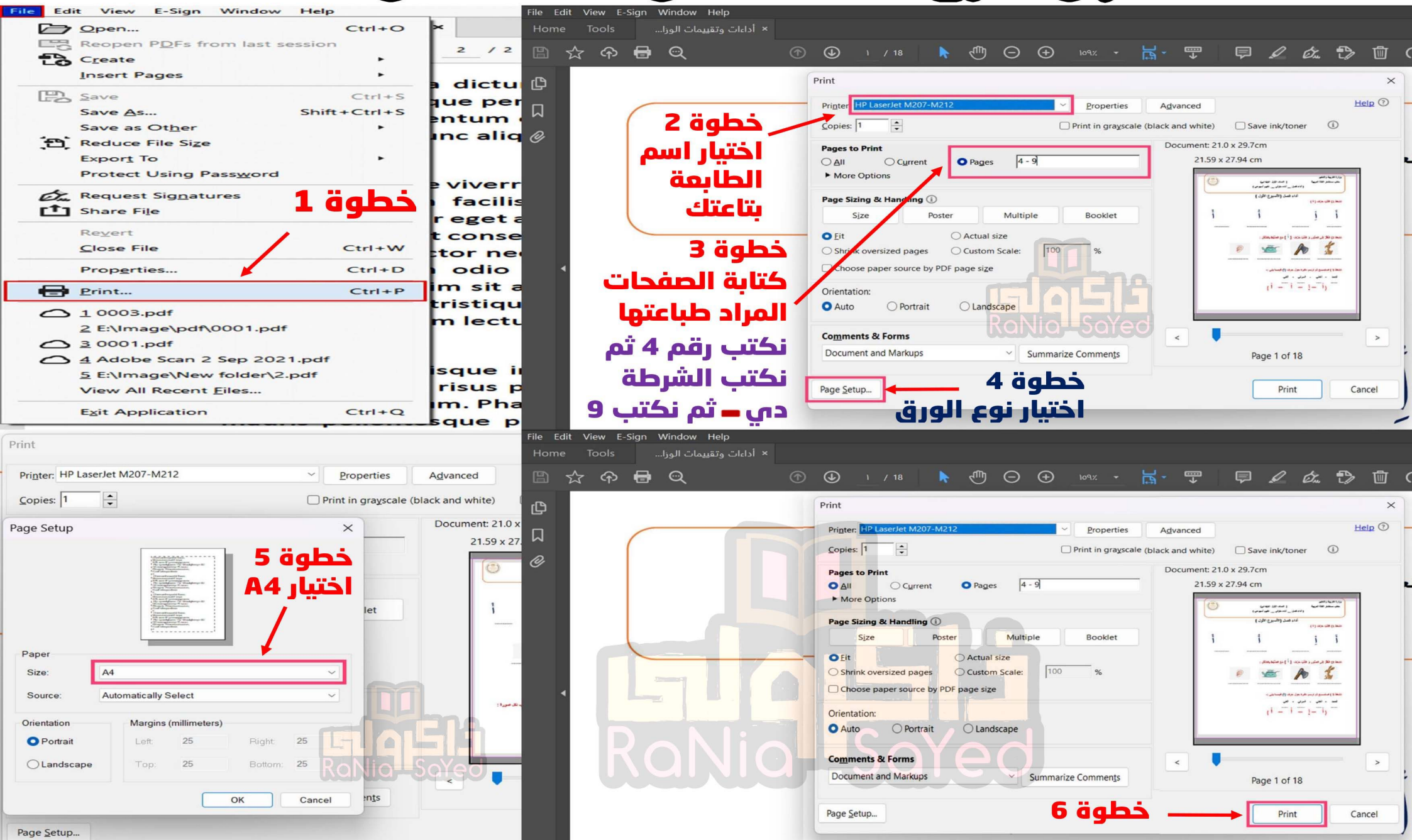
March Month شهر مارس

• Choose the correct answer from a, b or c.

1. A ..... is a person who shows others what to do.
   a. leader b. player c. footballer
2. She studied hard, ... she didn't get the highest mark.
   a. but b. so c. them
3. I ..... ride a bike by myself.
   a. am b. did c. can
4. Birds have ..... to help them fly.
   a. claws b. fur c. feathers
5. We will ..... to the park if it's sunny.
   a. goes b. go c. going
6. I want to ..... more about animals and their homes.
   a. live b. survive c. discover

كيفية طباعة صفحات معينة من ملف معين

مثلا ازاى نطبع الصفحات من صفحة 4 الى صفحة 9



حمل الآن

مجانا وحصريا

المراجعة رقم (2)

اختبار شهر مارس





Model 1

30

Listening

1 Listen and write the missing letter(s): 6

1 ––ide 2 ––ep 3 ––ee 4 b––ns

Reading

2 Choose the correct answer from a, b, or c: 3

1 Don't ..... the cup. It's very hot.

a) touches b) touch c) touching

2 First, turn on the TV. ..... watch the movie.

a) And b) Then c) But

3 A ..... is a person who shows others what to do.

a) leader b) player c) footballer

4 Hossam helps his mother ..... the room.

a) stop b) write c) clean

5 Jana exercises by ..... .

a) myself b) himself c) herself

6 You must wear a ..... to protect your head.

a) coat b) helmet c) hat

3 Read and complete with the words below: 1

dangerous – safe – leave

I am Rana. We have some rules to stay safe at home. Always be careful when you play. Don't (1)..... your toys on the floor. Put them in a box to keep the house (2) ..... for everyone. Not following the rules can be dangerous.

ALKAWN Gem

4 Look and rearrange the letters to make a word: 3

1. 
uhrt
.....

2. 
imlk
.....

3. 
tsrete
.....

5 Read the text and answer the questions: 5

I am Moaz. I take care of myself. I wash my hands. I eat healthy food. I like to eat fruits and vegetables. I drink water. I also exercise every day with my friends. I must take care of myself to stay healthy.

A Choose the correct answer from a, b, or c:

1. Moaz ..... care of himself.

a) takes b) gives c) puts

2. Moaz eats ..... food.

a) bad b) healthy c) unhealthy

B Answer the following questions:

3. What does Moaz like to eat?

.....

4. Who does Moaz exercise with every day?

.....

Writing

6 Reorder the words make correct sentences: 1

1. mustn't – in – You – street – run.

.....

2. made – a healthy – for – I – menu – today.

.....

7 Punctuate the following:

4

1. maya likes to play every day

.....

2. how do I know where to walk safely

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Taking care of your health"

healthy – wash – rest

.....

.....

.....

ALPHA Gem

Model 2

30

Listening

1 Listen and write the missing letter(s): 6

1 ––ab 2 ––ap 3 m––t 4 –leep

Reading

2 Choose the correct answer from a, b, or c: 3

1 Don't ..... the toys on the floor.

a) leaving b) leaves c) leave

2 My mother told us to ..... for the bus.

a) cross b) walk c) wait

3 We ..... study for our exams.

a) must b) mustn't c) shouldn't

4 If there is a/ an ..... you must call for help.

a) helmet b) party c) emergency

5 I put some ..... in my yogurt.

a snack b) fish c) honey

6 Ramy must ..... his homework.

a) does b) do c) did

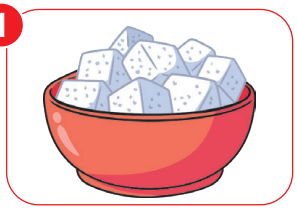
3 Read and complete with the words below: 1

head – cross – street

When we go outside, we see many cars on the street. We should always look both ways before we cross the (1)..... . Always wear a helmet to protect your (2)..... . To know where to walk safely, you can follow the signs.

4 Look and rearrange the letters to make a word:

3

1 

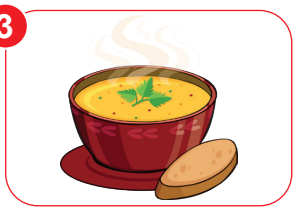
usgar

.....

2 

uceser

.....

3 

ousp

.....

5 Read the text and answer the questions:

5

Food gives us energy to play, learn, and grow. Different foods give us different kinds of energy. Meat gives our body protein to make us strong. Fruits and vegetables give us vitamins to keep us healthy. They also help us fight sickness. Sugar gives us quick energy, but too much sugar is not good for our health. Water is very important because it helps our body work well.

A Choose the correct answer from a, b, or c:

1 Food gives us ..... to play.

a) time b) money c) energy

2 ..... gives our body protein.

a) Fruit b) Meat c) Rice

B Answer the following questions:

3 When is sugar unhealthy?

.....

4 Why is water very important?

.....

Writing

6 Reorder the words make correct sentences:

1

1 gives – energy – Food – us – to play.

.....

2 put – in – toys – I – my – the box.

.....

7 Punctuate the following: 4

1. lama saw smoke near the stove

.....

2. What should i do before I cross the street

.....

8 Write a paragraph of THREE sentences (15 words) using the words below: 7

"A hero you know"

hero - brave - smart

.....

.....

.....

Gem

Model 3

30

Listening

1 **Listen and write the missing letter(s):** 6

1. sw––t
2. ––t
3. ––and
4. gr––n

Reading

2 **Choose the correct answer from a, b, or c:** 3

1. You ..... eat too much candy.
   a) must b) should c) mustn't
2. Ahmed makes salad by ..... .
   a) herself b) himself c) themselves
3. Children should not talk to ..... .
   a) strangers b) parents c) teachers
4. The athlete won a gold ..... .
   a) train b) medal c) respect
5. ..... helps our brains grow.
   a) Bread b) Rice c) Fish
6. We clean our room by ..... .
   a) herself b) themselves c) ourselves

3 **Read and complete with the words below:** 1

eats – rests – drinks

Salma wakes up early. She eats fruits and yogurt. She (1) ..... water and does exercise in her room. At school, she eats lunch and drinks juice. At night, Salma (2) ..... and sleeps early.

ALNAWA Gem

7. Don't talk to ..... !
   a) **teachers** b) **nurses** c) **strangers**
8. The ..... keeps us safe.
   a) **policeman** b) **driver** c) **doctor**
9. You must wear the ..... in the car.
   a) **shoes** b) **seat belt** c) **first aid**
10. Follow the ..... rules to stay safe.
    a) **safety** b) **food** c) **math**
11. Stop and wait for the ..... light before crossing.
    a) **yellow** b) **red** c) **green**
12. You must call a/an ..... if something doesn't seem right.
    a) **adult** b) **captain** c) **car**

Language

1. ..... run inside the house!
   a) **Don't** b) **Aren't** c) **Won't**
2. ..... careful!
   a) **Is** b) **Be** c) **Are**
3. Don't ..... the toys on the floor.
   a) **leave** b) **leaves** c) **leaving**
4. Always ..... safety rules at home.
   a) **follows** b) **following** c) **follow**
5. ..... eat fast food every day!
   a) **Don't** b) **Not** c) **No**
6. ..... healthy food.
   a) **Eats** b) **Eating** c) **Eat**

7. You ..... talk to strangers.
   a) **must** b) **mustn't** c) **can**
8. You ..... brush your teeth every day.
   a) **must** b) **mustn't** c) **shouldn't**
9. You mustn't ..... hot things.
   a) **touches** b) **touch** c) **touching**
10. You ..... be kind to your friends.
    a) **must** b) **mustn't** c) **shouldn't**

4 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

careful - walk - follow

We have rules at home to keep us safe. If I 1)..... the rules, I will not get hurt. I am always 2)..... when I play.

Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

helmet - must - mustn't

Here are some safety rules on the road. You must wear a 1)..... when riding a bike. You 2)..... talk to strangers. Don't run near the street. Always stay safe.

Read and complete the dialog with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

strangers - walk - talks

Mona : How do I know where to 1)..... safely?
Dad : Follow the signs.
Mona : What if someone I don't know 2).....to me?
Dad : Don't talk to strangers.

5 **Read the text and answer the questions.** اقرأ النص وأجب عن الأسئلة.

Ali was playing in his room. He saw a knife on the table. When he finished playing, he left his book on the floor. His mother said, "Don't leave the book here. Someone may fall." Ali listened to his mother. He put the book back on the shelf. Ali followed the rules.

A) Choose the correct answer from a, b, or c.

1. Why did Ali's mother tell him not to leave the book on the floor?
   a) It might get dirty. **b)** Someone may fall. **c)** It could get lost.
2. What did Ali do with the book after his mother talked to him?
   a) He threw it away. **b)** He left it on the floor.
   c) He put it back on the shelf.

B) Answer the following questions.

3. Where was Ali playing .....
4. What did Ali see on the table? .....

- **Read the text and answer the questions.** اقرأ النص وأجب عن الأسئلة.

Tia and Sally are friends. One day, they went outside to play. Tia said, "Wear your helmet when you ride your bike." Sally said, "Don't talk to strangers. Call for help in an emergency." At the park, Sally saw a stop sign. She said, "Stop! Wait for the green light before crossing." Tia looked both ways and said, "Be careful! Don't run near the street."

A) Choose the correct answer from a, b, or c.

1. What did Sally say about strangers?
   a) Say hello to them. **b)** Don't talk to them. **c)** Ask them for help.
2. What should you do before crossing the street?
   a) Run quickly. **b)** Wait for the green light.
   c) Close your eyes.

B) Answer the following questions.

3. What must you wear when riding a bike? .....
4. What did Tia and Sally talk about? .....

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكوّن جملًا صحيحة.

1. must - calm - You - stay - .

.....

2. careful - Always - at home - be - .

.....

3. run - on - Don't - the street - .

.....

4. did - Sara - What - see - ?

.....

5. policeman - us - The - safe - keeps - .

.....

6. crossed - safely - She - the street - .

.....

7. asked - Lina - help - for - .

.....

8. helps - aid - First - people - injured - .

.....

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. don't run near the street

.....

2. watch out

.....

3. where do you live

.....

4. sara crossed the street

.....

5. be careful

.....

6. what did you do

.....

7. omar is careful at home

.....

8. mona follows the rules

.....

9. do you ride a bike

.....

8 **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

How to stay safe in the street

bike - helmet - strangers - run

.....

.....

.....

.....

- **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

Safety at home

rules - careful - toys

.....

.....

.....

.....

Review On Unit 2

Vocabulary

Lesson (1)	
food	طعام
meat	لحمة
sugar	سكر
fruits	فواكه
water	مياه
vegetables	خضراوات

Lesson (2)	
milk	حليب - لبن
cheese	جبن
nuts	مكسرات
chips	شيبسي
fries	بطاطس محمرة
sweets	حلويات

Lesson (3)	
exercise	يتمرن
clean	ينظف
rest	راحة
medicine	أدوية
stay in bed	يبقى في السرير
sick	مريض
wash	يغسل

Lesson (4)	
yogurt	زبادي
soup	حساء / شوربة
honey	عسل
breakfast	إفطار
lunch	غداء
dinner	عشاء
snack	وجبة خفيفة

Phonics

ea: eat - meat - beans

ee: cheese - sweet - tree

Language

1- Reflexive pronouns:

- I can wash myself.
- We made a cake ourselves.

2- Countable & Uncountable

a carrot (two carrots) an apple

some milk / rice

Activities On Unit 2

نص الاستماع في نهاية الملحق

1 Listen and write the missing letter. استمع واكتب الحرف الناقص.

1. m_at
2. ch_ese
3. b_ans
4. _at

2 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكوّن كلمة.

1. l i m k ..... 

2. k c e a ..... 
3. o s a d ..... 

3 Choose the correct answer from a, b, or c. اختر الإجابة الصحيحة.

Vocabulary

1. Food gives us ..... .
   a) energy b) money c) sugar
2. ..... gives our body protein.
   a) Fruit b) Water c) Meat
3. ..... helps our body work well.
   a) Water b) Soda c) Cake
4. ..... is good for our bones.
   a) Chicken b) Milk c) Pizza
5. Lollipops are ..... .
   a) healthy b) good c) unhealthy
6. Bread is rich in ..... .
   a) carbohydrates b) fats c) calcium

7. I ..... to keep my body healthy.
   a) **wash** b) **exercise** c) **climb**
8. I take ..... when I am sick.
   a) **juice** b) **milk** c) **medicine**
9. I ..... my room every day.
   a) **clean** b) **cook** c) **eat**
10. I eat ..... with honey.
   a) **eggs** b) **soda** c) **yogurt**
11. I eat ..... in the morning.
   a) **breakfast** b) **lunch** c) **snack**
12. Nuts are healthy ..... .
   a) **sports** b) **snacks** c) **lunch**

Language

1. I made this pizza all by ..... .
   a) **myself** b) **himself** c) **herself**
2. We enjoyed ..... at the party.
   a) **yourself** b) **ourselves** c) **themselves**
3. Take care of ..... , girls.
   a) **yourselves** b) **yourself** c) **themselves**
4. The children can dress ..... .
   a) **himself** b) **yourself** c) **themselves**
5. She can wash ..... .
   a) **herself** b) **itself** c) **myself**
6. I have ..... egg for breakfast.
   a) **a** b) **an** c) **some**

7. Would you like ..... honey?
   a) a b) an c) some
8. I had ..... sandwich.
   a) a b) an c) some
9. Ali ate ..... apple.
   a) a b) an c) some
10. Omar drank ..... water.
    a) a b) an c) some

4 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

sweets - fruits - protein

Food gives us energy to play, learn, and grow. Meat gives us 1)..... . Too much sugar is bad for our body. We must have 2)..... and vegetables every day.

5 Read and complete the dialog with the words in the box.

اقرأ وأكمل الحوار بالكلمات الموجودة في المربع.

eggs - unhealthy - breakfast

Sara : What do you eat for breakfast?
Huda : I eat 1)..... and drink milk.
Sara : Do you eat cake and soda?
Huda : Yes, but I know they are very 2)..... .

6 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

himself - hungry - vegetables and fruits

Youssef wakes up early. He washes himself and smiles. "I am 1)..... ." He helps his mom in the kitchen. They do the breakfast. Youssef eats 2)..... . He thanks his mom.

5 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Nour liked eating snacks like chips, cake, and soda. He did not eat many fruits or vegetables. One day, he felt tired and had a stomachache. His teacher told him, "Nour, you need to eat healthy foods like fruits, vegetables and meat. Nour followed the advice. For breakfast, he ate an apple and drank some milk. For lunch, he had some rice and some salad. For a snack, he had yogurt. He felt strong and happy again.,

A) Choose the correct answer from a, b, or c.

1. Nour felt ..... again.
   a) **weak** b) **strong** c) **sad**
2. For breakfast, Nour drank ..... .
   a) **juice** b) **water** c) **milk**

B) Answer the following questions.

3. What snacks did Nour like to eat? .....
4. What should Nour eat for breakfast? .....

- Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Mazen likes to play every day, but he often forgets to wash his hands and eat healthy food. One day, he felt sick. His friend Nour said, "You should wash your hands, eat healthy food, rest, and exercise." Mazen listened to Nour. He washed himself carefully, ate eggs and fruit, drank water, and rested when he felt tired. He also exercised a little every day. After a few days, Mazen felt much better

A) Choose the correct answer from a, b, or c.

1. Mazen ate ..... .
   a) **cheese** b) **eggs** c) **fruit**
2. Mazen likes to ..... every day.
   a) **cook** b) **play** c) **watch TV**

B) Answer the following questions.

3. What should Mazen do? .....
4. What is the moral of the text? .....

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكوِّن جملًا صحيحة.

1. my - day - I - every - clean - room - .

.....

2. does - food - What - us - give - ?

.....

3. protein - Eggs - full of - are - .

.....

4. cooked - Fries - oil - are - in - .

.....

5. are - Cake - not - you - soda - and - good - for - .

.....

6. do - lunch - What - you - for - eat - ?

.....

7. by - She - herself - exercises - .

.....

8. some - Omar - drank - milk - .

.....

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. laila loves eating snacks

.....

2. are you healthy

.....

3. i eat breakfast at home

.....

4. ahmed can wash himself

.....

5. rice gives us energy

.....

6. do you like pizza

.....

7. water is healthy

.....

8. what do you eat for lunch

.....

9. don't eat too much sugar

.....

8 **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

Healthy food

energy - milk - calcium - eggs

.....

.....

.....

.....

9 **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

Staying healthy

exercise - wash - eat

.....

.....

.....

.....

Review On Unit 3

Vocabulary

Lesson (1)	
hero	بطل
brave	شجاع
strong	قوي
kind	لطيف - عطوف
smart	ذكي

Lesson (2)	
helpful	متعاون
rescue	ينقذ
uniform	زيّ موحد
teach	يدرس - يعلم
jobs	وظائف

Lesson (3)	
support	يساند - يدعم
inspire	يلهم
leader	قائد
courage	شجاعة
honest	صادق - أمين

Lesson (4)	
athlete	لاعب رياضي
respect	يحترم
event	حدث - فعالية
medal	ميدالية
famous	مشهور

Phonics: Magic "e"

mad	مجنون	made	صُنع
hat	قبعة	hate	يكره
kit	عدة	kite	طائرة ورقية
pin	دبوس	pine	صنوبر
not	لا	note	ملاحظة
rob	يسرق	robe	ثوب

Language

Adverbs of Sequence

- First, Omar trained hard.
- Then, he climbed the mountain.

Activities On Unit 3

نص الاستماع في نهاية الملحق

1 **Listen and write the missing letter.** استمع واكتب الحرف الناقص.

1	2	3	4
k_te	s_ve	br_ve	r_be

2 **Look and rearrange the letters to make a word.**

انظر وأعد ترتيب الحروف لتكوّن كلمة.

1. d i / k n  .....
2. e c r / s e u  .....
3. l a / e t e / t h  .....

3 **Choose the correct answer from a, b, or c.** اختر الإجابة الصحيحة.

Vocabulary

1. A ... is someone who does something special, good, or brave.
   a) **hero** b) **strong** c) **smart**
2. Being ..... means to do difficult things easily.
   a) **brave** b) **strong** c) **kind**
3. Being ..... means showing courage in hard times.
   a) **beautiful** b) **hero** c) **brave**
4. Khaled is a brave ..... . He puts out the fire.
   a) **firefighter** b) **doctor** c) **teacher**
5. My dad ..... math at school.
   a) **learns** b) **makes** c) **teaches**
6. My sister is ..... She helps her friends.
   a) **helpful** b) **bad** c) **careless**

7. The captain is the ..... of the team.
   a) **player** b) **leader** c) **driver**
8. Omar is ..... and never lies.
   a) **honest** b) **kind** c) **angry**
9. Heba helped build hospitals to ..... sick people.
   a) **support** b) **make** c) **do**
10. We have a school ..... every month.
    a) **medal** b) **event** c) **uniform**
11. We ..... our teachers and parents.
    a) **respect** b) **fight** c) **give**
12. Omar won a ..... in the race.
    a) **homework** b) **medicine** c) **medal**

Language

1. ....., he saw the fire.
   a) **First** b) **Second** c) **One**
2. She helped the old man. ....., she gave him water.
   a) **First** b) **Then** c) **That**
3. ....., I put on my uniform. Then, I went to school.
   a) **First** b) **Next** c) **Finally**
4. Ali did his homework. ....., he watched TV.
   a) **Finally** b) **Than** c) **Then**
5. ....., my dad had breakfast. Then, he went to work.
   a) **First** b) **Then** c) **Next**
6. ....., I did my homework. Then, I played games.
   a) **First** b) **Then** c) **Next**

7. First, I washed my hands. ....., I had lunch.
   a) **First** b) **Then** c) **After**
8. First, the girl warned people. ....., she helped them move to a safe place.
   a) **First** b) **Then** c) **Before**

4 **Read and complete the text with the words in the box.**
اقرأ وأكمل النص بالكلمات الموجودة في المربع.

helmet - cap - alarm

Every day, the firefighter puts on his 1)..... and uniform. When the fire 2)..... rings, he jumps into the fire truck and drives quickly through the streets. He likes helping others.

- **Read and complete the text with the words in the box.**
اقرأ وأكمل النص بالكلمات الموجودة في المربع.

searched - policewoman - First

Officer Asmaa is a 1)..... in Cairo. One day, she saw a boy crying in the street. 2)....., she stopped and spoke to him kindly. He was lost and couldn't find his parents. Then she carefully searched the streets and found his parents.

- **Read and complete the text with the words in the box.**
اقرأ وأكمل النص بالكلمات الموجودة في المربع.

poor - cared - helped

Heba helped many people during hard times in Egypt. She always 1)..... about others and wanted to make their lives better. First, she gave food and clothes to 2)..... families.

5 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Officer Asmaa is a policewoman in Cairo. One sunny morning, she was walking on her way to work when she saw a little child crying in the street. First, she stopped right away and spoke to him kindly, asking what was wrong. The child was lost and could not find his parents. Officer Asmaa held his hand, and told him not to be afraid. Then, she carefully searched the street until she found his parents.

A) Choose the correct answer from a, b, or c.

1. Officer Asmaa held his hand, and told him not to be..... .
   a) **afraid** b) **happy** c) **careful**
2. One sunny ....., she was walking on her way to work.
   a) **afternoon** b) **morning** c) **evening**

B) Answer the following questions.

3. Where does Asmaa work? .....
4. What was she doing when she saw a little child crying?

6 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Feryal Ashraf is a famous Egyptian athlete. She worked hard every day to get ready for a big event. She trained, practiced, and never gave up. At last, she won a gold medal for Egypt. Her school made a party to celebrate her. Everyone clapped and smiled for her. Feryal said, "This medal is for everyone who helped me."

A) Choose the correct answer from a, b, or c.

1. Feryal Ashraf never ..... .
   a) **gave up** b) **trained** c) **worked**
2. Everyone ..... and smiled for her.
   a) **cried** b) **made** c) **clapped**

B) Answer the following questions.

3. Who is Feryal Ashraf? .....
4. What did she win? .....

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكوِّن جملًا صحيحة.

1. a strong - Ahmed - swimmer - is - .

.....

2. saved - from - He - the boy - smoke - .

.....

3. mom - science - My - teaches - .

.....

4. is - The nurse - helpful - very - .

.....

5. officers - a uniform - The police - wear - .

.....

6. is - your - What - job - dad's - ?

.....

7. leader - helps - A good - team - his - .

.....

8. respect - We - parents - should - our - .

.....

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. we respect our teacher

.....

2. when is the school event

.....

3. they lived in Aswan

.....

4. feryal Ashraf is a famous athlete

.....

5. omar is honest

.....

6. what's your job

.....

7. asmaa is a policewoman

.....

8. i am from Cairo

.....

9. do you like math

.....

8 **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

People who help us

doctors - police officers - nurses - firefighters

.....

.....

.....

.....

- **Write a paragraph of Three sentences about:** اكتب فقرة من ثلاث جمل عن:

A famous athlete

Feryal - medal - trained - gave up

.....

.....

.....

.....


حمل الآن
مجانا وحصريا
المراجعة رقم (6)
اختبار شهر مارس
ذاكرولى
RaNia SaYed
WWW.ZAKROLYUR.COM
حمل الان حصريا

Primary 3 revision

1. Choose the correct answer from a, b, or c:

1. We must follow the …… to stay safe at home.
   a) rules b)games c)toys
2. I made a healthy sandwich by ……
   a) himself b)myself c)herself
3. Don't …… across the road.
   a) runs b)running c)run
4. You …… wear a helmet when you ride a bike.
   a) mustn't b)must c)shouldn't
5. She taught …… to play the guitar.
   a) herself b)himself c)yourself
6. Too much …… is bad for your body.
   a) water b)fruit c)sugar
7. A …… is someone who does something brave.
   a) hero b)doctor c)teacher
8. The kids made the salad ……
   a) ourselves b)themselves c)yourself
9. We use a …… in the car to stay safe.
   a) helmet b)seat belt c)sign
10. Rice gives us …… to play and learn.
    a) energy b)sleep c)water
11. First, he put on his uniform. ……, he went to school.
    a) But b)Then c)Because
12. You …… talk to strangers in the street.
    a) must b)mustn't c)can
13. Water helps our body …… well.
    a) work b)works c)working
14. Please be …… when you cross the street.
    a) dangerous b)careful c)hurt
15. I wash my hands …… I eat.
    a) after b)before c)then
16. The cat cleans …… with its tongue.
    a) itself b)himself c)herself
17. In an ……, you should call 122.
    a) rule b)emergency c)energy
18. We eat …… to get protein for our muscles.
    a) cake b)meat c)soda
19. He is …… because he helps people in trouble.
    a) brave b)lazy c)weak
20. …… touch the hot stove!
    a) Not b)No c)Don't
21. He looks at …… in the mirror.
    a) himself b)herself c)itself
22. You …… wear your seat belt in the car.
    a) mustn't b)must c)shouldn't
23. …… your toys in the box so no one falls.
    a) Put b)Puts c)Putting
24. Eating fruits and vegetables helps us fight ……
    a) energy b)sickness c)health
25. My sister cleans her room by ……
    a) himself b)myself c)herself
26. …… leave your book on the floor.
    a) Don't b)Not c)No
27. A …… helps injured people and takes them to the hospital.
    a) policeman b)teacher c)ambulance
28. You …… run across the road.
    a) must b)mustn't c)can
29. We built the tent ……
    a) ourselves b)themselves c)yourself
30. The policeman keeps us ……
    a) dangerous b)hurt c)safe
31. …… your hands before you eat.
    a) Wash b)Washes c)Washing
32. Bread is rich in ……
    a) fats b)protein c)carbohydrates
33. Omar followed the …… and ate healthy food.
    a) advice b)sweets c)soda
34. They made the salad ……
    a) ourselves b)themselves c)yourselves
35. The fire alarm rang ……
    a) loudly b)quiet c)slowly
36. You …… stay calm in an emergency.
    a) mustn't b)must c)shouldn't
37. …… touch the hot stove.
    a) Don't b)Doesn't c)Not
38. Yogurt and cheese give us ……
    a) sugar b)calcium c)soda

39. She taught …… how to swim.
a) himself b)herself c)itself
40. Always look both ways before you …… the street.
a) cross b)stops c)waits
41. You …… listen to your teacher.
a) mustn't b)must c)can't
42. …… be kind to your friends.
a) Is b)Be c)Being
43. Fish helps our …… grow.
a) bones b)brains c)hair
44. The cat cleaned …… after eating.
a) himself b)herself c)itself
45. A brave firefighter …… into the fire to save people.
a) jumps b)jumping c)jump
46. You …… talk to strangers.
a) must b)mustn't c)should
47. …… run in the house.
a) Don't b)No c)Not
48. Chicken and nuts help me stay …….
a) weak b)strong c)sick
49. I made this cake all by ……
a) herself b)himself c)myself
50. In an emergency, you must call …….
a) 122 b)180 c)190
51. You …… brush your teeth every day.
a) mustn't b)must c)can't
52. …… stop at the red light.
a) Stop b)Stops c)Stopping
53. Nuts are a good source of …….
a) sugar b)fats c)water
54. You should take care of ……, Ali.
a) yourself b)himself c)herself
55. A hero …… problems well.
a) solves b)solve c)solving
56. You …… leave your toys on the floor.
a) must b)mustn't c)should
57. …… carefully across the road.
a) Walk b)Walks c)Walking
58. Too much …… is bad for your body.
a) water b)fruit c)sugar
59. We enjoy …… at the party.
a) ourselves b)themselves c)yourself
60. A …… shows courage in hard times.
a) brave b)lazy c)weak
61. You …… wait for the green light.
a) mustn't b)must c)can't
62. …… your helmet when you ride a bike.
a) Wear b)Wears c)Wearing
63. Rice and pasta give us ……
a) protein b)energy c)vitamins
64. The kids can dress ……
a) themselves b)ourselves c)yourself
65. Khaled climbed the …… to save the cat.
a) stove b)ladder c)car
66. You …… shout in the library.
a) must b)mustn't c)can
67. …… at the big red stop sign.
a) Stop b)Stops c)Stopping
68. Milk is good for our …….
a) hair b)bones c)eyes
69. I can make a sandwich by ……
a) myself b)himself c)yourself
70. First, he put on his uniform. ……, he went to work.
a) But b)Then c)Because
71. You …… eat too much candy.
a) must b)mustn't c)can
72. …… your hands before eating.
a) Wash b)Washes c)Washing
73. Vegetables give us …… to fight sickness.
a) fats b)vitamins c)sugar
74. The girl taught …… how to play the piano.
a) himself b)herself c)itself
75. A …… does something special or brave.
a) hero b)stranger c)doctor
76. You …… follow the rules to stay safe.
a) mustn't b)must c)shouldn't
77. …… touch the hot cup of tea.
a) Don't b)No c)Not
78. Healthy food helps our bodies stay …….
a) sick b)strong c)weak
79. You should take care of ……, girls.
a) yourself b)yourselves c)ourselves
80. An ambulance takes …… people to the hospital.
a) happy b)sick c)brave

81. You …… call 122 in an emergency.
a) mustn't b)must c)shouldn't
82. …… for the green light before crossing.
a) Wait b)Waits c)Waiting
83. Cheese is rich in ……..
a) sugar b)calcium c)soda
84. He answers the questions by ……..
a) myself b)himself c)herself
85. The swimmer was very …… and saved the girl.
a) brave b)lazy c)weak
86. You …… drink water every day to stay healthy.
a) mustn't b)must c)can't
87. …… eat fast food every day.
a) Don't b)No c)Not
88. Soda has too much ……..
a) protein b)sugar c)vitamins
89. We can count …… nouns like apples and carrots.
a) uncountable b)countable c)some
90. Being …… means you show care to others.
a) kind b)smart c)strong
91. You …… leave anything on the floor.
a) must b)mustn't c)should
92. …… your room every day.
a) Clean b)Cleans c)Cleaning
93. Fruits give us ……..
a) vitamins b)fats c)salt
94. The bird cleaned …… in the water.
a) himself b)herself c)itself
95. A smart person …… problems well.
a) solves b)solve c)solving
96. You …… wash your hands before eating.
a) mustn't b)must c)can't
97. …… help for in an emergency.
a) Call b)Calls c)Calling
98. Fats are found in ……..
a) nuts b)water c)rice
99. My mother washes …… and smiles.
a) himself b)herself c)myself
100. Always …… the traffic signs.
a) follow b)follows c)following
101. You …… wear a helmet on a bike.
a) mustn't b)must c)shouldn't
102. …… jump on the chair.
a) Don't b)No c)Not
103. Protein is good for our ……
a) muscles b)hair c)teeth
104. We can see …… in the mirror.
a) ourselves b)themselves c)yourself
105. Kindness means being …… to others.
a) nice b)mean c)brave
106. You …… talk to people you don't know.
a) must b)mustn't c)can
107. …… your seat belt in the car.
a) Wear b)Wears c)Wearing
108. Sugar gives us …… energy.
a) slow b)quick c)no
109. She dresses …… every morning.
a) himself b)herself c)myself
110. A hero is someone who is ……
a) strong b)weak c)lazy
111. You …… keep your house safe.
a) mustn't b)must c)shouldn't
112. …… run near the street.
a) Don't b)No c)Not
113. Calcium helps our ……..
a) teeth b)eyes c)hair
114. The children can help ……..
a) themselves b)ourselves c)yourself
115. Khaled is a brave ……..
a) firefighter b)teacher c)doctor
116. You …… stay calm when there is a fire.
a) mustn't b)must c)can't
117. …… both ways before you cross.
a) Look b)Looks c)Looking
118. Meat and fish give us ……..
a) protein b)sugar c)fats
119. I am teaching …… how to cook.
a) myself b)himself c)herself
120. Helping others is a great ……..
a) honor b)problem c)rule
121. You …… leave your toys on the stairs.
a) must b)mustn't c)should
122. …… careful when you play.
a) Be b)Is c)Are
123. Carbohydrates are in ……..

a) bread b)meat c)water

124. The cat is cleaning ……
a) itself b)himself c)herself

125. A hero shows …… in hard times.
a) courage b)fear c)sleep

126. You …… call for help in an emergency.
a) mustn't b)must c)can't

127. …… to strangers in the street.
a) Don't talk b)Talk c)Talks

128. Water keeps us ……
a) healthy b)sick c)tired

129. We can see …… in the water.
a) ourselves b)themselves c)yourself

130. A smart boy …… his problems.
a) solves b)solve c)solving

131. You …… follow safety rules.
a) mustn't b)must c)shouldn't

132. …… your books on the shelf.
a) Put b)Puts c)Putting

133. Healthy food helps us ……
a) grow b)sleep c)fall

134. She is looking at …… in the glass.
a) herself b)himself c)myself

135. Brave people are not ……
a) scared b)nice c)strong

136. You …… touch hot things.
a) must b)mustn't c)can

137. …… across the road at the crosswalk.
a) Cross b)Crosses c)Crossing

138. Milk helps our bones stay ……
a) strong b)weak c)soft

139. I can do my homework by ……
a) myself b)himself c)yourself

140. First, call for help. ……, stay safe.
a) Then b)But c)Because

141. You …… wear a seat belt.
a) must b)mustn't c)shouldn't

142. …… play with matches.
a) Don't b)No c)Not

143. Fruit is a …… snack.
a) healthy b)bad c)salty

144. He is washing …… hands.
a) his b)himself c)him

145. A hero is a …… person.
a) brave b)lazy c)mean

146. You …… stay in bed when you are sick.
a) must b)mustn't c)can't

147. …… after the green light.
a) Go b)Goes c)Going

148. Eating healthy food is …… for you.
a) good b)bad c)sad

149. We made this poster by ……
a) ourselves b)themselves c)yourself

150. Always stay …… in the street.
a) safe b)dangerous c)hurt

2. Read and complete with the words below

1. (play — park — friends)
I go to the (1)…… every Friday. I meet my (2)…… there and we have fun together.

2. (rules – safe – play)
We have (1)…… at home to keep us (2) …… We must not leave toys on the floor.

3. (energy – healthy – sugar)
Food gives us (1)…… to grow. We should eat (2)…… food like fruit and vegetables.

4. (strong – hero – kind)
My father is a (1)…… He is very (2)…… and he helps everyone in our street.

5. (helmet – bike – street)
I wear a (1)…… when I ride my (2) …… This keeps me safe.

6. (myself – breakfast – yogurt)
I make (1)…… for (2)…… every morning. I like to eat yogurt with honey.

7. (cross – signs – car)
Always follow the traffic (1) …… You must look both ways before you (2)…… the street.

8. (medicine – sick – healthy)
When I am (1) ……., I stay in bed. I take (2)……. to feel better.

9. (teeth – sweets – bad)
Eating too many (1)……. is (2)……. for your teeth. You should eat fruit instead.

10. (brave – first – then)
(1) ……., the firefighter put on his helmet. (2) ……., he saved the girl. He is very brave.

11. (clean – room – floor)
I (1)……. my (2)……. every day. I don't leave my books on the floor.

12. (bones – milk – soda)
(1)……. is good for your (2) ……. You should drink it every day.

13. (hurt – careful – dangerous)
Don't run in the house. You might get (1) ……. Be (2)……. to stay safe.

14. (hands – wash – eat)
I (1)……. my (2)……. with soap. I do this before I eat my lunch.

15. (protein – meat – fats)
(1)……. gives us (2) ……. It helps our bodies grow strong.

16. (strangers – talk – safe)
Don't (1)……. to (2)……. in the street. This helps you stay (3) …….

17. (smart – problems – help)
My brother is (1) ……. He solves (2)……. very well at school.

18. (soup – hungry – menu)
When I am (1) ……., I eat some (2) ……. It is a healthy snack.

19. (ambulance – hospital – sick)
The (1)……. takes (2)……. people to the hospital.

20. (emergency – call – calm)
In an (1) ……., you must stay (2) ……. Call for help immediately.

21. (strong – protein – milk)
Eggs and meat give us (1) ……. They help our muscles grow and make our bodies (2) …….

22. (vegetables – fruit – sugar)
Healthy snacks are better for you. You should eat (1)……. and (2)……. to get vitamins.

23. (danger – safe – help)
Firefighters are very brave people. They help us when there is (1)……. and keep everyone (2) …….

24. (cross – look – green)
Wait for the green light at the road. (1)……. both ways and then (2)……. the street carefully.

25. (myself – breakfast – yogurt)
I can make my own food. I make (1)……. for (2)……. every day before school.

26. (bones – milk – soda)
Drinking (1)……. is a very healthy habit. It gives you calcium for your (2) …….

27. (emergency – calm – fast)
Don't panic if there is a problem. You must stay (1)……. in an (2)……. to think clearly.

28. (water – healthy – energy)
Drinking (1)…… is very important for your body. It helps you stay (2)…… and work well.

29. (strangers – talk – friends)
Safety in the street is important. Never (1)…… to (2)…… when you are walking alone.

30. (first – then – after)
I have a routine after school. (1) ……, I do my homework, and (2)…… I play games.

31. (helmet – bike – car)
I like to ride my (1)…… in the park. I always wear a (2)…… to protect my head.

32. (solve – problems – smart)
A (1)…… person thinks carefully. They can (2)…… many difficult problems at school.

33. (hands – wash – eat)
Hygiene keeps us from getting sick. (1)…… your (2)…… with soap before you touch food.

34. (brave – hero – scared)
My uncle is a famous (1) …….. He is very (2)…… and saves people from fires.

35. (toys – floor – safe)
Don't leave your (1)…… on the stairs. Keep the (2)…… clean so no one falls down.

36. (bread – energy – meat)
Carbohydrates are found in (1)…… and rice. They give us (2)…… to run and play.

37. (stove – hot – kitchen)
Be careful in the (1) …….. Never touch the (2)…… stove because it can hurt you.

38. (careful – cross – dangerous)
The road can be very (1) …….. You must be (2)…… when you walk near cars.

39. (himself – clean – room)
My brother is very organized. He can (1)…… his (2)…… by himself every Saturday.

40. (call – ambulance – 122)
If someone is very sick, you must (1)…… for help. The (2)…… takes them to hospital.

41. (themselves – kids – help)
The (1)…… are very helpful today. They can tidy the classroom by (2) ……..

42. (rules – safe – play)
We must follow the home (1) …….. These instructions keep us (2)…… from any accidents.

43. (sick – medicine – healthy)
I feel very (1)…… today. My mother gives me (2)…… to help me feel better.

44. (kinds – vitamins – fats)
Fruit and vegetables have many (1) …….. These (2)…… of food are great for your skin.

45. (courage – brave – hero)
A (1)…… is a special person. They show a lot of (2)…… when things are difficult.

46. (energy – sugar – bad)
Too much (1)…… in soda is not good. It is (2)…… for your heart and teeth.

47. (signs – road – look)

Follow the (1)…… in the street. (2)…….. at the traffic lights before you walk.

48. (herself – lunch – sandwich)
Mona is a big girl now. She can make (1)…….. for (2)…….. every afternoon.

49. (kind – helps – smart)
Being (1)…….. is very important. A good friend (2)…….. other people when they are sad.

50. (fats – nuts – water)
Healthy (1)…….. are good for your brain. You can find them in (2)…….. and olive oil.

51. (rest – body – sleep)
Your (1)…… needs to (2)…… every night. You should (3)…….. for eight hours.

52. (emergency – 180 – call)
If you see a fire, you must (1)…….. the fire department. Their number is (2) ……..

53. (seat belt – safe – car)
Always wear your (1)…….. in the (2) …….. This simple rule keeps you safe.

54. (protein – strong – fish)
(1)…….. is a very healthy food. It has (2)…….. to help our muscles stay strong.

55. (itself – cat – clean)
The (1)…… is very neat. It can (2)…….. itself using its tongue every day.

56. (calm – think – problem)
Stay (1)…….. during a test. It helps you (2)…….. and find the right answers.

57. (sweets – teeth – fruit)
Eating too many (1)…….. causes pain. You should brush your (2)…….. every morning.

58. (wait – green – cross)
Don't (1)…….. the road when the light is red. You must (2)…….. for the green light.

59. (myself – breakfast – yogurt)
I like (1)…….. for my (2) …….. I can prepare it by myself easily.

60. (solve – smart – help)
Teachers are very (1) …….. They (2)…….. problems and help students learn.

61. (kitchen – hot – safe)
The (1)…….. is not a place to play. Keep (2)…….. and stay away from the stove.

62. (calcium – bones – milk)
(1)…….. and cheese are very important. They give us (2)…….. for strong bones.

63. (ourselves – park – play)
We go to the (1)…….. on Fridays. We can (2)…….. and have fun by ourselves.

64. (emergency – calm – fast)
In an (1) ……., don't run. You must stay (2)…….. and call an adult.

65. (brave – hero – weak)
Khaled is a (1)…….. in our city. He is (2)…….. because he saved a boy.

66. (vitamins – fruit – energy)
Eating (1)…….. is better than candy. It has (2)…….. to keep you healthy.

67. (road – helmet – safe)
Be (1)…….. when you are on your bike. Never ride in the middle of the (2) ……..

68. (hands – soap – wash)
Use (1)…… and water to stay clean. Always (2)…… your hands before dinner.

69. (themselves – clean – kids)
The (1)…… are very good today. They (2)…… the garden by themselves.

70. (heart – healthy – sugar)
A (1)…… diet is important. Don't eat too much (2)…… or salt.

71. (first – then – after)
(1) ……., I put on my shoes. (2) ……., I go to the club.

72. (strangers – talk – home)
Don't (1)…… to (2)…… at the park. Stay near your parents.

73. (energy – bread – meat)
(1)…… and pasta are good for you. They give you (2)…… to run fast.

74. (himself – lunch – sandwich)
Ali makes a (1)…… for (2) ……. He uses cheese and fresh tomatoes.

75. (kind – hero – brave)
My grandmother is very (1) ……. She is a (2)…… because she helps people.

3. Read the text and answer the questions

Passage 1

Ali is a smart boy. He knows how to stay safe at home. He never leaves his toys on the floor because someone might fall. When he is in the kitchen, he does not touch the hot stove. Ali always follows the rules to keep his family safe.

A) Choose the correct answer from a, b or c:

1. The text is mainly about ……
a) school b)safety c)food

2. Ali is a …… boy.
a) brave b)kind c)smart

B)Answer the following questions:

3. Why does Ali put his toys away?
……

4. What does Ali not touch in the kitchen?
……

Passage 2

Healthy food gives our body energy. Meat and eggs give us protein to make us strong. Fruits and vegetables have vitamins to fight sickness. We should drink a lot of water every day. Too much sugar is bad for our heart and teeth.

A) Choose the correct answer from a, b or c:

1. What gives us protein?
a) soda b)meat c)bread

2. …… help us fight sickness.
a) Vitamins b)Fats c)Candies

B)Answer the following questions:

3. Why is sugar bad for us?
……

4. What should we drink every day?
……

Passage 3

Khaled is a brave firefighter. Last week, there was a big fire in a tall building. First, Khaled put on his heavy helmet and uniform. Then, he climbed a long ladder to save a small cat. Everyone shouted, "Thank you, Khaled!" He is a true hero.

A) Choose the correct answer from a, b or c:

1. Khaled is a ……
a) doctor b)firefighter c)teacher

2. Khaled saved a ……
a) girl b)boy c)cat

B)Answer the following questions:

3. What did Khaled wear first?
……

4. Why is Khaled a hero?
……

Passage 4

Lina was in the kitchen when she saw smoke. She felt scared but she stayed calm. She remembered the safety rule: "Call an adult in an emergency." She called her mother immediately. Her mother turned off the stove. Lina followed the rules and stayed safe.

A) Choose the correct answer from a, b or c:

1. Lina saw …… in the kitchen.

a) water b)smoke c)food
2. Lina felt …… at first.
a) happy b)brave c)scared

B)Answer the following questions:

3. Who did Lina call for help?

……

4. What was the safety rule Lina remembered?

……

Passage 5

Healthy food is very important for our bodies. We need to eat fruit and vegetables because they have vitamins. Meat and fish give us protein to make our muscles strong. We must not eat too many sweets or drink too much soda because they have a lot of sugar.

A) Choose the correct answer from a, b or c:

1. Fruit and vegetables have ……
a) sugar b)vitamins c)fats
2. Protein makes our muscles ……
a) weak b)small c)strong

B)Answer the following questions:

3. Why is soda bad for us?

……

4. What gives us protein?

……

Passage 6

Safety in the street is very important. You must follow the traffic signs to stay safe. Always look both ways before you cross the road. You should wait for the green light. Never run across the street and always wear a helmet when you ride your bike.

A) Choose the correct answer from a, b or c:

1. The text is about safety in the ……
a) kitchen b)school c)street
2. You should wait for the …… light.
a) red b)green c)yellow

B)Answer the following questions:

3. What should you do before you cross the road?

……

4. What must you wear when you ride a bike?

……

Passage 7

A hero is a person who does something brave to help others. My uncle is a firefighter. He is a hero. Last week, he saved a little girl from a fire. He stayed calm and used a long ladder. Everyone was happy because the girl was safe.

A) Choose the correct answer from a, b or c:

1. A hero is someone who is ……
a) brave b)lazy c)sad
2. The uncle used a …… to save the girl.
a) car b)ladder c)rope

B)Answer the following questions:

3. What is the uncle's job?

……

4. Why was everyone happy?

……

Passage 8

In an emergency, you must stay calm. If you see a fire, you should call 180. If someone is very sick, call 122 for an ambulance. Do not run or shout. It is important to know the emergency numbers to help your family and friends stay safe.

A) Choose the correct answer from a, b or c:

1. In an emergency, we must stay ……
a) angry b)calm c)scared
2. We call …… if we see a fire.
a) 122 b)180 c)150

B)Answer the following questions:

3. Why should we know emergency numbers?

……

4. What takes sick people to the hospital?

……

Passage 9

Lina loves to take care of herself. Every morning, she washes her hands and face. She brushes her teeth after breakfast. She makes a healthy lunch for herself. She puts an apple and a cheese sandwich in her lunchbox. Lina is a very healthy and clean girl.

A) Choose the correct answer from a, b or c:

1. Lina brushes her teeth …… breakfast.
a) before b)after c)under
2. Lina makes lunch for ……
a) herself b)himself c)yourself

B)Answer the following questions:

3. What does Lina put in her lunchbox?

……

4. When does Lina wash her hands and face?

……

Passage 10

Water is very healthy for our bodies. We should drink a lot of water every day. It helps our body work well. Water does not have sugar or fats. It is better than drinking soda. Drinking water keeps us hydrated and gives us energy to play and study.

A) Choose the correct answer from a, b or c:

1. Drinking water is better than ……
a) milk b)juice c)soda
2. Water helps our body …… well.
a) sleep b)work c)fall

B)Answer the following questions:

3. Does water have sugar?

……

4. Why should we drink water every day?

……

Passage 11

My friend Hany is very smart. He likes to solve problems. Yesterday, he saw a small cat stuck in a tree. He didn't climb the tree because it was dangerous. He called his father to help. Hany is kind and he knows how to be safe.

A) Choose the correct answer from a, b or c:

1. Hany is a …… boy.
a) smart b)weak c)bad
2. The cat was stuck in a ……
a) car b)house c)tree

B)Answer the following questions:

3. Why didn't Hany climb the tree?

……

4. Who did Hany call for help?

……

Passage 12

Milk and cheese are good for our bones and teeth. They give us calcium. We should have milk for breakfast every day. Yogurt is also a healthy snack. These foods help us grow tall and strong. Children need calcium to have healthy bodies.

A) Choose the correct answer from a, b or c:

1. Milk and cheese give us ……
a) vitamins b)calcium c)sugar
2. Calcium is good for our ……
a) hair b)bones c)eyes

B)Answer the following questions:

3. When should we drink milk?

……

4. Why do children need calcium?

……

Passage 13

There are many rules at school to keep students safe. Students must not run in the corridors. They should listen to their teachers. They must be kind to their friends. Following school rules helps everyone to learn and play in a happy and safe place.

A) Choose the correct answer from a, b or c:

1. Students must not …… in the corridors.
a) walk b)run c)talk
2. Following rules helps everyone feel ……
a) safe b)sad c)angry

B)Answer the following questions:

3. Who should students listen to?

……

4. Why do we have rules at school?

……

Passage 14

Amir wants to be a hero like his grandfather. His grandfather was a doctor. He helped many sick people feel better. He worked in a big hospital. Amir studies hard because he wants to help people too. Being a doctor needs a smart and kind person.

A) Choose the correct answer from a, b or c:

1. Amir's grandfather was a ……
a) teacher b)doctor c)firefighter
2. A doctor works in a ……
a) hospital b)school c)park

B)Answer the following questions:

3. Why does Amir study hard?

……

4. What kind of person should a doctor be?

……

Passage 15

We use different things to stay safe. In the car, we must wear a seat belt. On a bike, we must wear a helmet. When we go swimming, we should stay with an adult. These things protect our bodies and keep us away from danger.

A) Choose the correct answer from a, b or c:

1. We wear a …… in the car.
a) helmet b)seat belt c)hat
2. We must stay with an …… when we swim.
a) adult b)animal c)stranger

B)Answer the following questions:

3. Why do we use these things?

……

4. What should we wear on a bike?

……

Passage 16

Sara is in the kitchen with her mother. Her mother is cooking dinner. Sara wants to help, but she stays away from the hot stove. She helps by washing the vegetables. She uses soap and water to wash her hands first. Sara is a helpful and careful girl.

A) Choose the correct answer from a, b or c:

1. Sara and her mother are in the ……
a) bedroom b)bathroom c)kitchen
2. Sara stays away from the hot ……
a) fridge b)stove c)table

B)Answer the following questions:

3. How does Sara help her mother?
……
4. What does Sara use to wash her hands?
……

Passage 17

Nuts and seeds are very healthy. They give us healthy fats for our brains. They are a great snack to eat between meals. We should not eat too many salty nuts. It is better to eat them plain. They help us stay full and give us energy.

A) Choose the correct answer from a, b or c:

1. Nuts give us healthy fats for our ……
a) hair b)brains c)teeth
2. We should not eat too many …… nuts.
a) salty b)fresh c)sweet

B)Answer the following questions:

3. When can we eat nuts and seeds?
……
4. Why are nuts a good snack?
……

Passage 18

A policeman is a hero who keeps our city safe. He helps people cross the street and catches bad people. He wears a blue uniform. If you are lost in the street, you should look for a policeman. He will help you find your way home.

A) Choose the correct answer from a, b or c:

1. A policeman wears a …… uniform.
a) red b)blue c)green
2. If you are ……, a policeman can help you.
a) lost b)happy c)hungry

B)Answer the following questions:

3. What does a policeman do?
……
4. Why is a policeman a hero?
……

Passage 19

Breakfast is the most important meal of the day. It gives us energy to start our morning. We can eat beans, eggs, and bread. Some people like to eat cereal with milk. Eating a good breakfast helps us focus at school and feel strong.

A) Choose the correct answer from a, b or c:

1. Breakfast gives us …… to start the day.
a) sleep b)energy c)water
2. Eggs and beans are good for ……
a) dinner b)lunch c)breakfast

B)Answer the following questions:

3. How does a good breakfast help us at school?
……
4. What can we eat for breakfast?
……

Passage 20

Firefighters wear special clothes to protect them from fire. They wear heavy coats, boots, and helmets. They use a big red truck with a long hose to put out fires. They are very brave and strong. They save people and animals from dangerous buildings.

A) Choose the correct answer from a, b or c:

1. Firefighters use a …… to put out fires.
a) car b)hose c)bike
2. Their truck is ……
a) green b)yellow c)red

B)Answer the following questions:

3. What do firefighters wear?
……
4. Why are firefighters brave?
……

Passage 21

My name is Adam. I always keep my body healthy. Every morning, I drink a glass of milk to get calcium for my bones. I eat a boiled egg and some bread for breakfast. I don't like soda because it has too much sugar. Healthy habits make me feel strong and happy.

A) Choose the correct answer from a, b or c:

1. Adam drinks milk to get ……
a) sugar b)vitamins c)calcium
2. Adam doesn't like ……
a) bread b)soda c)eggs

B)Answer the following questions:

3. What does Adam eat for breakfast?
……
4. Why is soda bad for Adam?
……

Passage 22

Tarek is a brave boy. One day, he saw a small fire in the kitchen. He didn't run or shout. He stayed calm and called his father. His father used a fire

extinguisher to put out the fire. Tarek followed the safety rules and kept his home safe from danger.

A) Choose the correct answer from a, b or c:

1. Tarek saw a fire in the ……
a) bedroom b)kitchen c)garden
2. Tarek was very ……
a) brave b)lazy c)scared

B)Answer the following questions:

3. Who did Tarek call for help?
……
4. What did the father use to put out the fire?
……

Passage 23

Doctors and nurses are heroes. They work in hospitals to help sick people. They give them medicine to feel better. During emergencies, they work very hard. We should thank them because they take care of our health. Being a doctor needs a person who is smart and kind.

A) Choose the correct answer from a, b or c:

1. Doctors and nurses work in ……
a) schools b)hospitals c)parks
2. They give sick people ……
a) food b)toys c)medicine

B)Answer the following questions:

3. Why are doctors and nurses heroes?
……
4. What kind of person should a doctor be?
……

Passage 24

Safety at home is very important for children. You must not play with matches or knives. Stay away from the hot stove in the kitchen. If you see a problem, tell an adult immediately. Following these simple rules keeps you and your family safe from getting hurt.

A) Choose the correct answer from a, b or c:

1. You must not play with ……
a) dolls b)matches c)balls
2. If there is a problem, tell an ……
a) adult b)stranger c)baby

B)Answer the following questions:

3. Where is the hot stove?
……
4. Why should we follow home rules?
……

Passage 25

Protein is very important for our bodies. We can find protein in meat, fish, and eggs. It helps our muscles grow and stay strong. We should also eat beans and nuts. Eating enough protein helps us play sports and move easily. A healthy body needs a balanced diet every day.

A) Choose the correct answer from a, b or c:

1. We find protein in ……
a) bread b)meat c)fruit
2. Protein helps our …… grow.
a) hair b)bones c)muscles

B)Answer the following questions:

3. Mention two foods that have protein.
……
4. Why is protein important for sports?
……

Passage 26

My brother Ali is very smart. He likes to read books about heroes. He wants to be a policeman when he grows up. He wants to help people and keep the city safe. Ali studies hard and exercises every day to stay strong. He believes that helping others is a great thing.

A) Choose the correct answer from a, b or c:

1. Ali wants to be a ……
a) doctor b)policeman c)teacher
2. Ali reads books about ……
a) heroes b)animals c)food

B)Answer the following questions:

3. Why does Ali want to be a policeman?
……
4. What does Ali do to stay strong?
……

Passage 27

Fruits are delicious and healthy. They have many vitamins that protect us from sickness. Apples, oranges, and bananas are great snacks. It is better to eat a piece of fruit than to eat candy. Fruits give us natural sugar and energy to play and study.

A) Choose the correct answer from a, b or c:

1. Fruits protect us from ……
a) energy b)sickness c)health
2. Fruits give us natural ……
a) sugar b)salt c)fats

B)Answer the following questions:

3. Name three kinds of fruit mentioned in the text.
……
4. Why is fruit better than candy?
……

Passage 28

When you ride a bike, you must stay safe. Always wear a helmet to protect your head. Ride your bike in safe places like the park. Don't ride in the middle of the street where there are many cars. Be careful and follow the signs to have a fun time.

A) Choose the correct answer from a, b or c:

1. A helmet protects your ……
a) hands b)head c)legs
2. You should ride your bike in the ……
a) park b)street c)kitchen

B)Answer the following questions:

3. Why shouldn't you ride in the middle of the street?
……
4. What should you follow to be safe?
……

Passage 29

Healthy fats are good for our brains. We can find them in olive oil and nuts. They help us think and remember things well. We should not eat too many unhealthy fats like fried chips. Eating a small amount of nuts every day is a very good habit for school children.

A) Choose the correct answer from a, b or c:

1. Healthy fats are good for our ……
a) teeth b)brains c)hair
2. We find healthy fats in ……
a) soda b)candy c)nuts

B)Answer the following questions:

3. How do healthy fats help us?
……
4. What is an example of unhealthy fats?
……

Passage 30

The school nurse is a very kind person. She helps students when they get hurt on the playground. She cleans the cut with water and soap. Then, she puts on a bandage. She tells the students to be careful and stay calm. She is a hero in our school.

A) Choose the correct answer from a, b or c:

1. The nurse helps students on the ……
a) classroom b)playground c)bus
2. She cleans the cut with soap and ……
a) milk b)juice c)water

B)Answer the following questions:

3. What does the nurse put on the cut?
……
4. What does the nurse tell the students?
……

4. Reorder the words to make correct sentences:

1. yourself - Take - of - care - stay - to - healthy
……
2. follow - We - rules - stay - to - safe - must
……
3. helmet - a - Wear - you - ride - when - bike - a
……
4. sugar - Too - much - bad - for - is - you
……
5. herself - taught - She - to - play - piano - the
……
6. strangers - Don't - to - talk - in - street - the
……
7. help - Water - our - work - body - well - to
……
8. hero - A - someone - is - who - brave - is
……
9. energy - Food - gives - to - us - play - and
……
10. medicine - Take - when - you - sick - feel - are
……
11. bones - Milk - is - very - good - our - for
……
12. emergency - Call - 122 - in - an - please - fast
……
13. signs - Follow - the - traffic - to - safe - stay
……
14. stove - Don't - touch - hot - the - kitchen - in
……
15. calm - Stay - when - there - a - is - problem
……
16. seat belt - Use - a - the - in - car - always
……
17. breakfast - I - eat - a healthy - morning - every
……
18. firefighter - The - people - saves - from - fires
……
19. floor - Leave - don't - toys - on - the - please
……

20. myself - I - can - make - a - sandwich - healthy
.....
21. dangerous - It - is - to - with - play - matches
.....
22. help - My - father - a - is - hero - because - he
.....
23. green - Wait - for - the - light - to - cross
.....
24. teeth - Brush - your - after - every - meal - day
.....
25. itself - The - cat - cleans - after - eating - food
.....
26. emergency - knows - He - the - number - well
.....
27. healthy - Fats - are - good - for - brain - our
.....
28. corridor - Don't - run - in - the - at - school
.....
29. nurse - The - is - very - kind - at - hospital
.....
30. Carbohydrates - us - give - energy
.....
31. Wash - your - in - the - morning - face
.....
32. brave - Policemen - are - and - keep - city - safe
.....
road - Never - play - near - the - busy - street
.....
33. water - Drink - a - lot - of - every - day
.....
34. solve - A - hero - can - difficult - problems
.....
35. yourself - Do - your - homework - by - please
.....
36. kitchen - stay - careful - in - the - always - be
.....
37. muscles - Protein - helps - us - grow - strong
.....
38. adult - Tell - an - if - there - a - problem - is
.....
39. seat - Sit - on - your - in - the - car
.....
40. healthy - Eating - fruit - is - a - good - habit
.....
41. ladder - Use - a - long - to - climb - up
.....
42. sweets - Don't - eat - too - many - at - night
.....
43. smart - She - is - and - gets - full - marks
.....
44. milk - drink - for - I - breakfast - healthy
.....
45. fire - 180 - Call - there - if - a - is
46. .....
47. bones - Calcium - makes - our - very - strong
.....
48. energy - Carbohydrates - play - to - us - give
.....
49. emergency - Stay - during - an - calm - always
.....
50. medicine - take - Don't - without - an - adult
.....
51. water - helps - our - body - work - Drinking
.....
52. first - First - aid - he - used - the - kit
.....
53. kind - Be - help - and - friends - your
.....
54. sugar - Soda - has - much - too - for - heart
.....
55. herself - She - dresses - every - morning - early
.....
56. yogurt - Honey - and - are - healthy - snacks
.....
57. Doctors - work - to - help - hard - people
.....
58. ambulance - number - is - 122 - The - for - help
.....
59. courage - A - shows - hero - lot - of - brave
.....
60. healthy - Eating - helps - us - grow - well
.....
61. kitchen - Don't - play - the - in - alone
.....
62. helmet - Protect - head - your - with - a
.....


حمل الآن
مجانا وحصريا
المراجعة رقم (7)
اختبار شهر مارس
ذاكرولى
RaNia SaYed
WWW.ZAKROLYUR.COM
حمل الان حصريا

Grade 3 March 2026 test model 1

1. Choose the correct answer from a, b, c or d **3 M**

1. I ..... to keep my body healthy.

a) exercise b) clean c) stay

2. To stay safe, you ..... follow the rules.

a) must b) mustn't c) is

3. A ..... is someone who does something special, good, or brave.

a) hero b) strong c) smart

2. Reorder the following words to make sentences: **3 M**

1. strangers.- talk - to -Don't

.....

2. when - you - play. - careful - Be

.....

3. is – He – strong – a – swimmer.

.....

3. Punctuate the following **4 M**

1. omar ate healthy food

.....

2. where are they going

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 2

1. Choose the correct answer from a, b, c or d **3 M**

1. Khaled is a brave ..... He puts out the fire.

a) firefighter b) doctor c) teacher

2. You ..... talk to strangers.

a) are b) must c) mustn't

3. I stay in bed when I am .....

a) clean b) sick c) medicine

2. Reorder the following words to make sentences: **3 M**

1. protein. – us – gives – Meat

.....

2. he – First, – saw – fire. – the

.....

3. healthy. – us – keeps – Water

.....

3. Punctuate the following **4 M**

1. seleem wakes up early

.....

2. what did you wait for

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 3

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... wear a helmet when you ride a bike.

a) must b) mustn't c) am

2. I take ..... when I am sick.

a) rest b) clean c) medicine

3. A ..... is a person who shows others what to do.

a) leader b) player c) footballer

2. Reorder the following words to make sentences: **3 M**

1. police officer – wears – uniform. – a – The

.....

2. eat – fruits – I – everyday

.....

3. Sama - for – waits - light.- green - the

.....

3. Punctuate the following **4 M**

1. fish helps our brains grow

.....

2. don't touch fire

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 4

1. Choose the correct answer from a, b, c or d **3 M**

1. A ..... is someone you do not know.

a) policeman b) stranger c) hero

2. Youssef eats ..... apple.

a) a b) an c) and

3. What is the ..... of the story?

a) moral b) wash c) sick

2. Reorder the following words to make sentences: **3 M**

1. stay – You – must - safe

.....

2. Feryal – famous – Egyptian – is – athlete. – a

.....

3. gives – us – Food – energy – to – play.

.....

3. Punctuate the following **4 M**

1. lollipops are just sugar

.....

2. what did Tia and Sally talk about

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 5

1. Choose the correct answer from a, b, c or d **3 M**

1. The ..... takes sick or injured people to the hospital.

a) sign b) ambulance c) street

2. I eat ..... with honey.

a) yogurt b) meal c) lunch

3. Tala exercises by .....

a) himself b) herself c) themselves

2. Reorder the following words to make sentences: **3 M**

1. Wear - the - car- in – seat - belt-the

.....

2. gold – medal. – She – won – a

.....

3. vegetables. – must – We – eat

.....

3. Punctuate the following **4 M**

1. where was Ali playing

.....

2. heba helped many people in Egypt

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 6

1. Choose the correct answer from a, b, c or d **3 M**

1. I eat ..... tomato.

a) a b) an c) some

2. Everyone ..... and smiled to the hero.

a) clapped b) respected c) cooked

3. I drink some .....

a) menu b) soup c) dinner

2. Reorder the following words to make sentences: **3 M**

1. are – bad – for – our – teeth. – Sweets

.....

2. captain. – We – respect – our

.....

3. must - rules.- You – follow - the

.....

3. Punctuate the following **4 M**

1. omar had a little yogurt for a snack

.....

2. what did he see on the table

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 7

1. Choose the correct answer from a, b, c or d **3 M**

1. She always ..... about others.

a) drives b) eats c) cares

2. You ..... run near the street.

a) must b) mustn't c) are

3. Lunch is my favorite .....

a) breakfast b) meal c) dinner

2. Reorder the following words to make sentences: **3 M**

1. the- book - leave - here.- Don't

.....

2. are – not – healthy – snacks. – Cookies

.....

3. had – a good – day. – Heba

.....

3. Punctuate the following **4 M**

1. Officer asmaa is a policewoman in Cairo

.....

2. who helped to stop the fire

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 8

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... brush your teeth every day.

a) must b) mustn't c) am

2. Being ..... means showing courage in hard times.

a) beautiful b) kind c) brave

3. The athlete won a gold .....

a) train b) medal c) respect

2. Reorder the following words to make sentences: **3 M**

1. Saturday – is – event – The – on

.....

2. We – cake – eat – in – my – party. – birthday

.....

3. policeman - The - keeps- safe.- us

.....

3. Punctuate the following **4 M**

1. what does safety mean

.....

2. food gives us energy

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 9

1. Choose the correct answer from a, b, c or d **3 M**

1. I ..... breakfast at 7 a.m.

a) eat b) wash c) drink

2. ..... means telling the truth.

a) Honest b) Courage c) Support

3. You ..... wash your hands before eating.

a) is b) mustn't c) must

2. Reorder the following words to make sentences: **3 M**

1. enjoys – bread. – and – cheese – She

.....

2. stayed - calm – Lina - home.- at

.....

3. is - Karma – an - athlete

.....

3. Punctuate the following **4 M**

1. i helped my friend

.....

2. what did Lina see on the stove

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 10

1. Choose the correct answer from a, b, c or d **3 M**

1. Being ..... means to do difficult things easily.

a) smart b) strong c) kind

2. They eat ..... rice for lunch.

a) a b) an c) some

3. An ..... runs fast in the race.

a) medal b) athlete c) event

2. Reorder the following words to make sentences: **3 M**

1. Then, – sprayed – he – water. – the

.....

2. so – I – have – much – energy.

.....

3. call / help / must / for / You

.....

3. Punctuate the following **4 M**

1. why did Lina call her mother

.....

2. i went to the museum

.....



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 11

1. Choose the correct answer from a, b, c or d **3 M**

1. I can make a sandwich by .....

a) yourself b) myself c) himself

2. You ..... call an adult if something doesn't seem right.

a) mustn't b) must c) are

3. Salma eats ..... egg for breakfast.

a) a b) an c) some

2. Read and complete the text with the words below: **3 M**

rules – dangerous – box

We have rules at home. You must put your toys in the ..... You mustn't leave toys on the floor. We follow the ..... to stay safe.

3. Punctuate the following **4 M**

1. mazen likes to play every day

.....

2. What did Laila eat

.....



ذاكر انجليزى مع مشمش وزيزو



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 12

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... listen to your teacher at school.

a) mustn't b) must c) is

2. I drink ..... milk to stay healthy.

a) a b) an c) some

3. She looks at ..... in the mirror.

a) herself b) himself c) ourselves

2. Read and complete the text with the words below: **3 M**

helmet – light - stranger

Sama is very careful in the street. She waits for the green ..... before she crosses the road. She also wears a ..... when she rides her bike.

3. Punctuate the following **4 M**

1. did Lina stay safe

.....

2. eating unhealthy food is bad for you

.....

Grade 3 March 2026 test model 13

1. Choose the correct answer from a, b, c or d **3 M**

1. Maya has ..... carrot in her bag.

a) a b) an c) some

2. You ..... touch a hot cup.

a) must b) is c) mustn't

3. He dresses ..... every morning.

a) itself b) yourself c) himself

2. Read and complete the text with the words below: **3 M**

emergency – seat belt – first aid

It is important to stay safe everywhere. In the car, you must wear your..... . If there is an....., stay calm and call 122 for help.

3. Punctuate the following **4 M**

1. we enjoyed ourselves at the party

.....

2. where do the go

.....



ذاكر انجليزى مع مشمش وزيزو



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 14

1. Choose the correct answer from a, b, c or d **3 M**

1. They made a healthy salad ..... .

a) themselves b) ourselves c) herself

2. Omar wants ..... rice for lunch.

a) a b) an c) some

3. You ..... call 122 if there is an emergency.

a) must b) mustn't c) are

2. Read and complete the text with the words below: **3 M**

follow – strangers – safe

Tia and Sally are friends and they stay safe. They know they mustn't talk to ..... in the street. You must ..... the rules to stay safe.

3. Punctuate the following **4 M**

1. what did you eat

.....

2. tala is a friendly girl

.....

مستر مصطفى محمود

Grade 3 March 2026 test model 15

1. Choose the correct answer from a, b, c or d **3 M**

1. Can I have ..... water, please?

a) a b) an c) some

2. You ..... stay calm in an emergency.

a) are b) must c) mustn't

3. The cat cleans ..... after eating.

a) himself b) herself c) itself

2. Read and complete the text with the words below: **3 M**

fruits – washes - plays

Youssef wakes up early. He himself and smiles. He helps his mom in the kitchen. Youssef eats ..... and vegetables.

3. Punctuate the following **4 M**

1. meat gives us protein

.....

2. do you eat apples

.....



ذاكر انجليزى مع مشمش وزيزو

شد حيلك يا بطل

ربنا معاك



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 16

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... wear a seat belt in the car.

a) must b) mustn't c) am

2. I wash ..... every morning to stay clean.

a) himself b) herself c) myself

3. Leila enjoys ..... soup in the evening.

a) a b) an c) some

2. Read and complete the text with the words below: **3 M**

strong – vitamins - tired

Meat gives our body protein to make us ..... Fruits and vegetables give us ..... to keep us healthy. They also help us fight sickness.

3. Punctuate the following **4 M**

1. do you work with others

.....

2. Officer asmaa is a policewoman

.....

Grade 3 March 2026 test model 17

1. Choose the correct answer from a, b, c or d **3 M**

1. Youssef eats ..... apple.

a) a b) an c) and

2. You ..... leave your toys on the floor.

a) must b) are c) mustn't

3. We built the tent ..... .

a) yourselves b) ourselves c) myself

2. Read and complete the text with the words below: **3 M**

happy – meat - milk

I eat an apple and drink some ..... in the morning. For lunch, H have some rice and some salad. For a snack, I have yogurt. I feel strong and .....

3. Punctuate the following **4 M**

1. food gives us energy

.....

2. how do you do that

.....



شد حيلك يا بطل

ربنا معاك



ذاكر انجليزى مع مشمش وزيزو

ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 18

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... wait for the green light before crossing.

a) mustn't b) must c) is

2. They drink ..... juice.

a) a b) an c) some

3. You should take care of ..... , Seleem.

a) yourself b) himself c) themselves

2. Read and complete the text with the words below: **3 M**

tired - food - Egypt

Heba helped many people during hard times in ..... She always cared about others. She gave ..... and clothes to poor families. She is honest and brave.

3. Punctuate the following **4 M**

1. what did she do

.....

2. omar had a little yogurt

.....

روابط التحميل والشرح على قناة ذاكر انجليزى مع مشمش وزيزو على اليوتيوب

Grade 3 March 2026 test model 19

1. Choose the correct answer from a, b, c or d **3 M**

1. You ..... wash your face in the morning.

a) mustn't b) must c) are

2. He eats two ..... every day.

a) carrot b) carrots c) a carrot

3. Take care of ..... , girls.

a) yourself b) yourselves c) herself

2. Read and complete the text with the words below: **3 M**

blue - red - street

Lana stood at the corner of the ..... She saw the big ..... stop sign. Her father said: "Stop! Wait for the green light before you cross.

3. Punctuate the following **4 M**

1. karim thinks the swimmer is kind

.....

2. is this an emergency

.....



شد حيلك يا بطل

ذاكر انجليزى مع مشمش وزيزو

ربنا معاك



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 20

1. Choose the correct answer from a, b, c or d **3 M**

1. I have ..... eggs in the morning

a) an b) a c) two

2. You ..... be careful.

a) must b) mustn't c) is

3. Ali makes salad by .....

a) myself b) herself b) himself

2. Read and complete the text with the words below: **3 M**

uniform - people - car

I'm Doctor Ali. I help ..... feel better. I wear a special ..... I check patients and give them the help they need.

3. Punctuate the following **4 M**

1. what do you eat for breakfast

.....

2. heba helped many people

.....

حمل الآن
مجانا وحصريا

المراجعة رقم (8)

اختبار شهر مارس





..... Governorate
..... Educational Directorate
School: .....
Primary 3

..... / 10

March's Test
Time allowed: .....
English Language
Date: / /

2026

Name/.....
Class/ .....

Model 1

1- Choose the correct answer from a, b, c or d: (3 M)

1. The ..... keeps us safe.
a. emergency b. policeman c. fire
2. He made a cake by ..... .
a. himself b. herself c. itself
3. A..... is a person who shows others what to do. AB
a. leader b. player c. footballer

2- Read and complete the text with the words in the box: (2 M)

right – followed – waited

Ali was crossing the street. He (1) .....carefully and did not walk on the street. When the green light turned on, he looked (2) ..... and left. He crossed the street safely.

3- Put the words in the correct order to make correct sentences: (3 M)

1. Sama - for - waits - light - green – the - . AB
.....
2. football - He - plays - friends - with - his - .
.....
3. respect - our - We - should - teacher - .
.....

4-Punctuate the following sentences: (2)

ali was reading a book AB
.....
he followed the rules and was careful at home AB
.....

..... Governorate
..... Educational Directorate
School: .....
Primary 3

..... / 10

March's Test
Time allowed: .....
English Language
Date: / /

2026

Name/.....
Class/ .....

Model 2

1- Choose the correct answer from a, b, c or d: (3 M)

1. The ..... takes sick people to the hospital.
a. ambulance b. first aid c. policeman

2. I ..... my room every day. AB
a. clean b. wash c. stay

3. ..... is to be brave when something is hard . AB
a. Honest b. Courage c. Leader

2- Read and complete the text with the words in the box: (2 M)

stay – strong – play

I'm Mazen .I exercise every day to keep my body (1) ..... .I wash my hands before I eat. I clean my room every day. I (2) ..... in bed and take medicine when I am sick.

3- Put the words in the correct order to make correct sentences: (3 M)

1. strangers - talk - to - Don't - . AB
.....
2. has - much - Soda - too - sugar - .
.....
3. is - He - so - strong – .
.....

3-Punctuate the following sentences: (2 M)

What did mourad do
.....
The school event is on thursday
.....

..... Governorate
..... Educational Directorate
School: .....
Primary 3

..... / 10

March's Test
Time allowed: .....
English Language
Date: / /

2026

Name/.....
Class/ .....

Model 3

1- Choose the correct answer from a, b, c or d: (4 M)

1. If there is a/an....., you must call for help .
a. emergency b. party c. match
2. I ..... to keep my body healthy. AB
a. exercise b. clean c. stay
3. Feryal Ashraf is a ..... Egyptian athlete. AB
a. famous b. old c. won
4. First, he saw the fire. .....,he called for help.
a. That b. This c. Then

2- Read and complete the text with the words in the box: (2 M)

call – scared – calls

Lina was in the kitchen when she saw some smoke near the stove. She felt a little (1) ..... but remembered the safety rule: " You must (2) ..... an adult if something doesn't seem right."

3- Put the words in the correct order to make correct sentences: (4 M)

1. policeman - The - keeps - safe - us - . AB
.....
2. healthy - us - keeps - Water - . AB
.....
3. a special - uniform - I - wear - .
.....
4. brains - Fish - our - helps - grow - .
.....

..... Governorate
..... Educational Directorate
School: .....
Primary 3

..... / 10

March's Test
Time allowed: .....
English Language
Date: / /

2026

Name/.....
Class/ .....

Model 4

1- Choose the correct answer from a, b, c or d: (4 M)

1. You should follow the ..... to walk safely.
a. signs b. helmet c. bike
2. Fruits and vegetables help us fight..... .
a. sports b. energy c. sickness
3. The athlete won a gold ..... . AB
a. train b. medal c. respect
4. You must look both.....before crossing the street .
a. ways b. bikes c. helmets

2- Read and complete the text with the words in the box: (2 M)

(poor - cared – helped) AB

Heba (1) ..... many people during hard times in Egypt. She always (2) ..... about others and wanted to make their lives better. First,she gave food and clothes to poor families.

2- Put the words in the correct order to make correct sentences: (4 M)

1. you – cross – the road – Be – careful – when – .
.....
2. hungry - I - am - .
.....
3. Ferval - famous - Egyptian - is - athlete - a - . AB
.....
4. first - safety - comes - .
.....

..... Governorate
..... Educational Directorate
School: .....
Primary 3

..... / 10

March's Test
Time allowed: .....
English Language
Date: / /

2026

Name/.....
Class/ .....

Model 5

1– Look and rearrange the letters to make a word : (3 M)



u - n - s - t

_____
_____



e - a - b - r - v

_____
_____



l - e - h - m - e - t

_____
_____

2- Read the text and answer the questions: (4 M)

We should eat healthy food .Fruits and vegetables are very important to us. They are full of vitamins and minerals that help us grow strong. They also help us fight sickness. When we eat the right food, we have good energy every day.

A) Choose the correct answer from a, b or c :

1. We should eat..... food .

a. unhealthy b. healthy c. dirty

2. Fruits and vegetables help us .....sickness .

a. hide b. night c. fight

B) Answer the following questions:

3. Why should we eat fruits and vegetables?

.....

4. What happens when we eat the right food?

.....

3- Put the words in the correct order to make correct sentences: (3 M)

1. father - My - a stomachache - has – .

.....

2. had - a good - day - Heba - . AB

.....

3. Hani - rules - followed - the - . AB

.....

كيفية طباعة صفحات معينة من ملف معين

مثلا ازاى نطبع الصفحات من صفحة 4 الى صفحة 9

